Two types of loading

1. Bulk Loading
   1. Uses compute power
   2. Stages are required
   3. Frequently done
   4. Use copy command
2. Continuous loading
   1. Not designed for large vol. of data.
   2. Automatic when data is added to the stages.
   3. Uses snow pipe.(server less feature)

What are STAGES?

Database object that has location from which the data is loaded.It has other details as well.

Two ypes:

**1.External Stage**: AWS S3, Blob stogare etc. Created in a schema in database. CREATE command is used to create this stage.

2.**Internal Stage**: Local storage managed by snowflake.